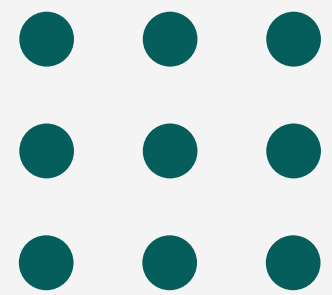


ASAA



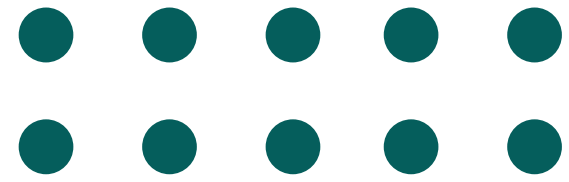
Para/Unified

Track and

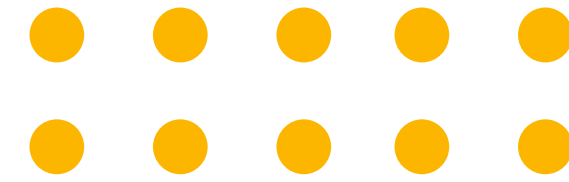
Field

Overview





WHERE



- Zone Championships - Please talk to your zone secretaries if you are unsure when yours takes place
- ASAA Track and Field Provincials - June 7 8, 2024 @ Foote Field Edmonton
 - June 7: Unified Events
 - June 8: Para Events

Unified Vs. Para

1 Para

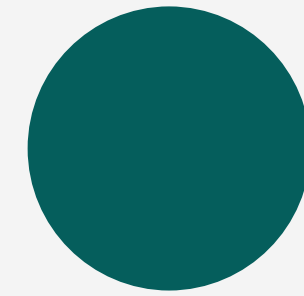
- Competes as an individual.
- Para athletes will be grouped by classification and gender.

2 Unified

- Competes as a two person team
- Unified teams will **not** be grouped by gender.
- Both team members must be from the same school.

* Athletes can not switch from para to unified during the competition

Para Categories



- 👉 Athletes who compete in a wheelchair
- 👉 Athletes who compete standing up (Ambulatory)
- 👉 Athletes with an intellectual impairment
- 👉 Athletes with a visual impairment

* Please note that coaches are not expected to identify a specific classification for their athlete beyond the categories listed.

Para Events



100M



200M



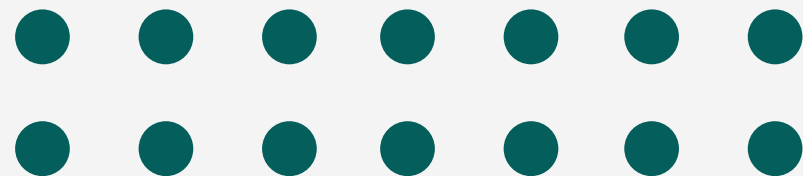
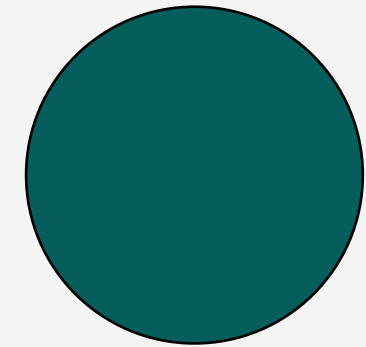
Shot Put

- A throwing chair will already be set up at Foote Field.

Unified



- Each Zone may send a maximum of three teams; each team will consist of exactly one athlete (student with an intellectual disability) and one partner (student without an intellectual disability).
- It is up to each Zone to determine which Unified teams will represent them at Provincials.



Unified Events

Unified is considered a Multi-Event

Long Jump

- Each competitor will have three attempts
- Rule modifications:
 - Partners: none
 - Athletes: 1m launch area
 - As long as the athlete takes off within the defined one square metre area, their jump will be measured from the toe of their take-off foot. If they are outside of the launch area, the jump is a foul.

400M

- Each competitor will have one attempt
- Random lane assignments
- Rule modifications:
 - Partners: none
 - Athletes: waterfall start

Turbo Javelin

- Each competitor will have three attempts
- Rule modifications:
 - All competitors, regardless of gender, will use a 500g turbo javelin.

Equipment rental

The ASAA successfully received grant funding from the Canadian Tire Jumpstart Initiative and the Grassroutes Sport Innovation Challenge to purchase racing chairs, gloves, indoor rollers, and throwing frames. This equipment is available to borrow to train in, but requires a consent form signed by the athlete's guardian and the school the athlete is representing. This equipment will be shared at Provincial Championships.

Please contact unified@asaa.ca for more information on borrowing equipment. Due to transportation issues, we will only bring chairs in the sizes that we know are needed for Provincials; please be sure to notify unified@asaa.ca ahead of time that a chair is needed otherwise a chair may not be provided in the correct size.

Resources

[Unified Track and Field Banner Event Information](#)

[Para and Unified Track and Field Information Package](#)

Questions?

Please submit all questions to this [form](#), or email unified@asaa.ca