

2024

ASAA PROVINCIAL
RUGBY 7's CHAMPIONSHIPS

Alberta Schools' Athletic Association

PRESENTS



MAY 31 – JUNE 1

2024



Hosted By:

WESTMOUNT CHARTER SCHOOL

Calgary, AB

Games Site:

Calgary Rugby Park (CRP)

9025 Shepard Rd SE, Calgary, AB T2C 4R6

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LAND ACKNOWLEDGEMENT

We acknowledge that we operate on the traditional territories of the people of the Treaty 7 region in Southern Alberta, which includes the Blackfoot Confederacy (comprising the [Siksika](#), [Piikani](#), and [Kainai](#) First Nations), the [Tsuut'ina](#) First Nation, and the [Stoney Nakoda](#) (including the [Chiniki](#), [Bears paw](#), and [Wesley First Nations](#)) this land is also home to the [Métis](#) Nation of Alberta, Region III. We acknowledge the traditional care givers of this land and the importance of a commitment to continued decolonisation of our work for the dignity and equity of all. We would like also recognize that Treaty 7 is about a relationship we all actively share in, as settlers and original peoples. A relationship needs to be open, honest, respectful, mutually beneficial and grounded in meaningful reconciliation.



COMPETITION INFORMATION

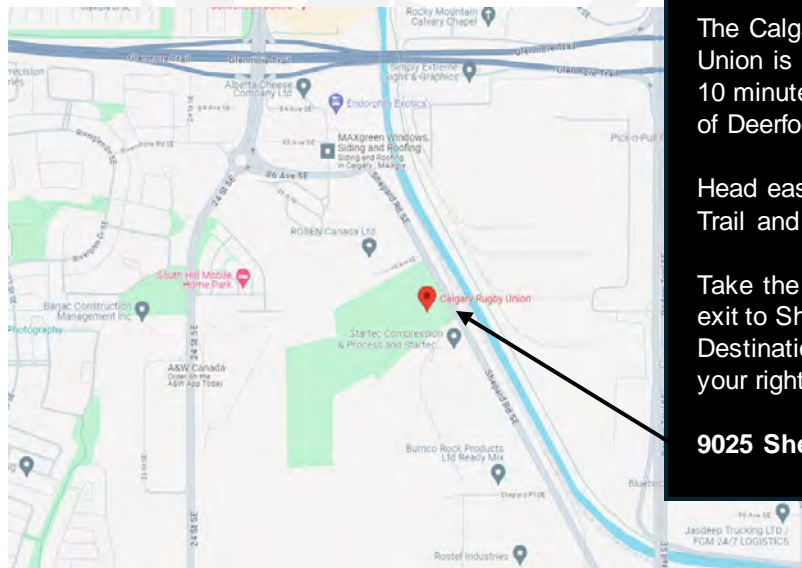


THE CALGARY RUGBY UNION (CRU) AND RESULTS CENTRE

ASAA Calgary Zone host: Westmount Charter School. The Calgary Rugby Union (9025 Shepard Rd SE, Calgary, AB T2C 4R6) is a premier rugby facility in Alberta featuring natural grass pitches, 5 international rugby sized pitches for games, a full-service concession, and parking for participants, spectators, staff and medical personnel within the gated park.

The ASAA Rugby Provincial control station will be located centrally on the grounds. with results posted on the ASAA website and outside the main Provincial tent. This area will serve as the HUB for the tournament and will be always staffed. Draw and scores will be posted at the tent. Charge person and contact information for charge person/coordinators will be located here as well.

PLEASE NOTE: Access to onsite change rooms will be open. **Please do not leave anything unattended in this space as it is not secure.**



The Calgary Rugby Union is located 10 minutes drive east of Deerfoot Trail South.

Head east on Glenmore Trail and exit at Ogden Rd.

Take the 3rd roundabout exit to Sheppard Rd. Destination will be on your right.

9025 Sheppard Rd. SE

[Click on Map to view in Google Maps](#)

ONLINE REGISTRATION

REGISTRATION FOR CHAMPIONSHIP DEADLINE

MAY 29, 2024, 11:59pm MST

*** Registrations made after the deadline will not be considered. ***

Have ready the following items to expedite the online registration process:

1) TEAM PICTURE

The picture that you submit must be at least 640 pixels wide and no more than 500kb

2) TEAM ROSTER

Here is the link to [SRS Website](#) where your team roster should be added.

>> REGISTER YOUR TEAM HERE <<

2024 Championship Committee

CHAIR	Alan Crooks	alan.crooks@westmountcharter.com (403) 217-9427
ASAA GIRLS COMMISSIONER	Angie Seaman	angie.seaman@pallisersd.ab.ca (403) 485-2223
ASAA BOYS COMMISSIONER	Brent Gough	bpgough@cbe.ab.ca (403) 485-2223
GRIEVANCE CHAIR	Angie Seaman Brent Gough	angie.mccullough@palliserd.ab.ca (403) 485-2223 bpgough@cbe.ab.ca (403) 485-2223
TECHNICAL CHAIR	Alan Crooks	alan.crooks@westmountcharter.com (403) 217-9427
SPORTSMANSHIP CHAIR	Alan Crooks	alan.crooks@westmountcharter.com (403) 217-9427
FACILITY CHAIR	Alan Crooks	alan.crooks@westmountcharter.com (403) 217-9427
FINANCIAL CHAIR	Amanda Siegle	amanda.siegle@westmountcharter.com (403) 217-9427
WEBSITE CHAIR	Ian Serpanchy	ian.serpanchy@westmountcharter.com (403) 217-9427
ASAA STAFF ON SITE	Shelbea MacLennan	shelbea@asaa.ca

SCHEDULE OF EVENTS

ITINERARY FOR CHAMPIONSHIP

*** All times are subject to change, please follow the schedule posted with the Order of Performance on the ASAA host website ***

Thursday May 30, 2024

7:00 pm	Coaches Meeting	Zoom Call
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>> COACHES MEETING LINK HERE <<

[Please use this link to connect to the ZOOM Call.](#)

Friday May 31, 2024 | Competition Day 1

9:00 am	Gates OPEN	Calgary Rugby Park
10:00 am	Team Registration/Payment	Calgary Rugby Park
12:00 pm	Tier 1 & Tier II Competitions Start	Calgary Rugby Park
3:30 pm	Last Games of the Day	Calgary Rugby Park

Saturday June 1, 2024 | Competition Day 2

8:00 am	Gates OPEN	Calgary Rugby Park
9:00 am	Crossover Sem-final Games Start	Calgary Rugby Park
1:00 pm	Finals Rounds Start	Calgary Rugby Park
3:00 pm	Championship Matches	Calgary Rugby Park
4:00 pm	Medal Ceremony	Calgary Rugby Park
7:00 pm	Gates CLOSE	Calgary Rugby Park



Friday May 31, 2024 | Competition Day 1

TIER 1 BOYS				TIER 2 BOYS			
		T1B Pool A	T1B Pool B			T2B Pool A	T2B Pool B
		T1 Team 1	T1 Team 2			T2 Team 1	T2 Team 2
		T1 Team 4	T1 Team 3			T2 Team 4	T2 Team 3
		T1 Team 5	T1 Team 6			T2 Team 5	T2 Team 6
		T1 Team 8	T1 Team 7			T2 Team 8	T2 Team 7
TIER 1 BOYS POOL PLAY				TIER 2 BOYS POOL PLAY			
match				match			
12:00	pitch 1	1	T1 Team 1 vs T1 Team 8	12:00	pitch 3	13	T2 Team 1 vs T2 Team 8
12:20	pitch 1	2	T1 Team 4 vs T1 Team 5	12:20	pitch 3	14	T2 Team 4 vs T2 Team 5
12:40	pitch 1	3	T1 Team 2 vs T1 Team 7	12:40	pitch 3	15	T2 Team 2 vs T2 Team 7
1:00	pitch 1	4	T1 Team 3 vs T1 Team 6	1:00	pitch 3	16	T2 Team 3 vs T2 Team 6
1:20	pitch 2	5	T1 Team 1 vs T1 Team 4	1:20	pitch 4	17	T2 Team 1 vs T2 Team 4
1:40	pitch 2	6	T1 Team 5 vs T1 Team 8	1:40	pitch 4	18	T2 Team 5 vs T2 Team 8
2:00	pitch 2	7	T1 Team 2 vs T1 Team 6	2:00	pitch 4	19	T2 Team 2 vs T2 Team 6
2:20	pitch 2	8	T1 Team 3 vs T1 Team 7	2:20	pitch 4	20	T2 Team 3 vs T2 Team 7
2:40	pitch 3	9	T1 Team 1 vs T1 Team 5	2:40	pitch 1	21	T2 Team 1 vs T2 Team 5
3:00	pitch 3	10	T1 Team 4 vs T1 Team 8	3:00	pitch 1	22	T2 Team 4 vs T2 Team 8
3:20	pitch 3	11	T1 Team 2 vs T1 Team 3	3:20	pitch 1	23	T2 Team 2 vs T2 Team 3
3:30	pitch 3	12	T1 Team 6 vs T1 Team 7	3:30	pitch 1	24	T2 Team 6 vs T2 Team 7
12 matches = 3 matches/ team pool play				12 matches = 3 matches/ team pool play			
TIER 1 GIRLS				TIER 2 GIRLS			
		T1G Pool A	T1G Pool B			T2G Pool A	T2G Pool B
		G1 Team 1	G1 Team 2			G2 Team 1	G2 Team 2
		G1 Team 4	G1 Team 3			G2 Team 4	G2 Team 3
		G1 Team 5	G1 Team 6			G2 Team 5	G2 Team 6
		G1 Team 8	G1 Team 7			G2 Team 8	G2 Team 7
TIER 1 GIRLS POOL PLAY				TIER 2 GIRLS POOL PLAY			
match				match			
12:00	pitch 2	25	G1 Team 1 vs G1 Team 8	12:00	pitch 4	25	G2 Team 1 vs G2 Team 8
12:20	pitch 2	26	G1 Team 4 vs G1 Team 5	12:20	pitch 4	26	G2 Team 4 vs G2 Team 5
12:40	pitch 2	27	G1 Team 2 vs G1 Team 7	12:40	pitch 4	27	G2 Team 2 vs G2 Team 7
1:00	pitch 2	28	G1 Team 3 vs G1 Team 6	1:00	pitch 4	28	G2 Team 3 vs G2 Team 6
1:20	pitch 3	29	G1 Team 1 vs G1 Team 4	1:20	pitch 1	29	G2 Team 1 vs G2 Team 4
1:40	pitch 3	30	G1 Team 5 vs G1 Team 8	1:40	pitch 1	30	G2 Team 5 vs G2 Team 8
2:00	pitch 3	31	G1 Team 2 vs G1 Team 6	2:00	pitch 1	31	G2 Team 2 vs G2 Team 6
2:20	pitch 3	32	G1 Team 3 vs G1 Team 7	2:20	pitch 1	32	G2 Team 3 vs G2 Team 7
2:40	pitch 4	33	G1 Team 1 vs G1 Team 5	2:40	pitch 2	33	G2 Team 1 vs G2 Team 5
3:00	pitch 4	34	G1 Team 4 vs G1 Team 8	3:00	pitch 2	34	G2 Team 4 vs G2 Team 8
3:20	pitch 4	35	G1 Team 2 vs G1 Team 3	3:20	pitch 2	35	G2 Team 2 vs G2 Team 3
3:30	pitch 4	36	G1 Team 6 vs G1 Team 7	3:30	pitch 2	36	G2 Team 6 vs G2 Team 7
12 matches = 3 matches/ team pool play				12 matches = 3 matches/ team pool play			



Saturday June 1, 2024 | Competition Day 2

Cross-over Semi Finals

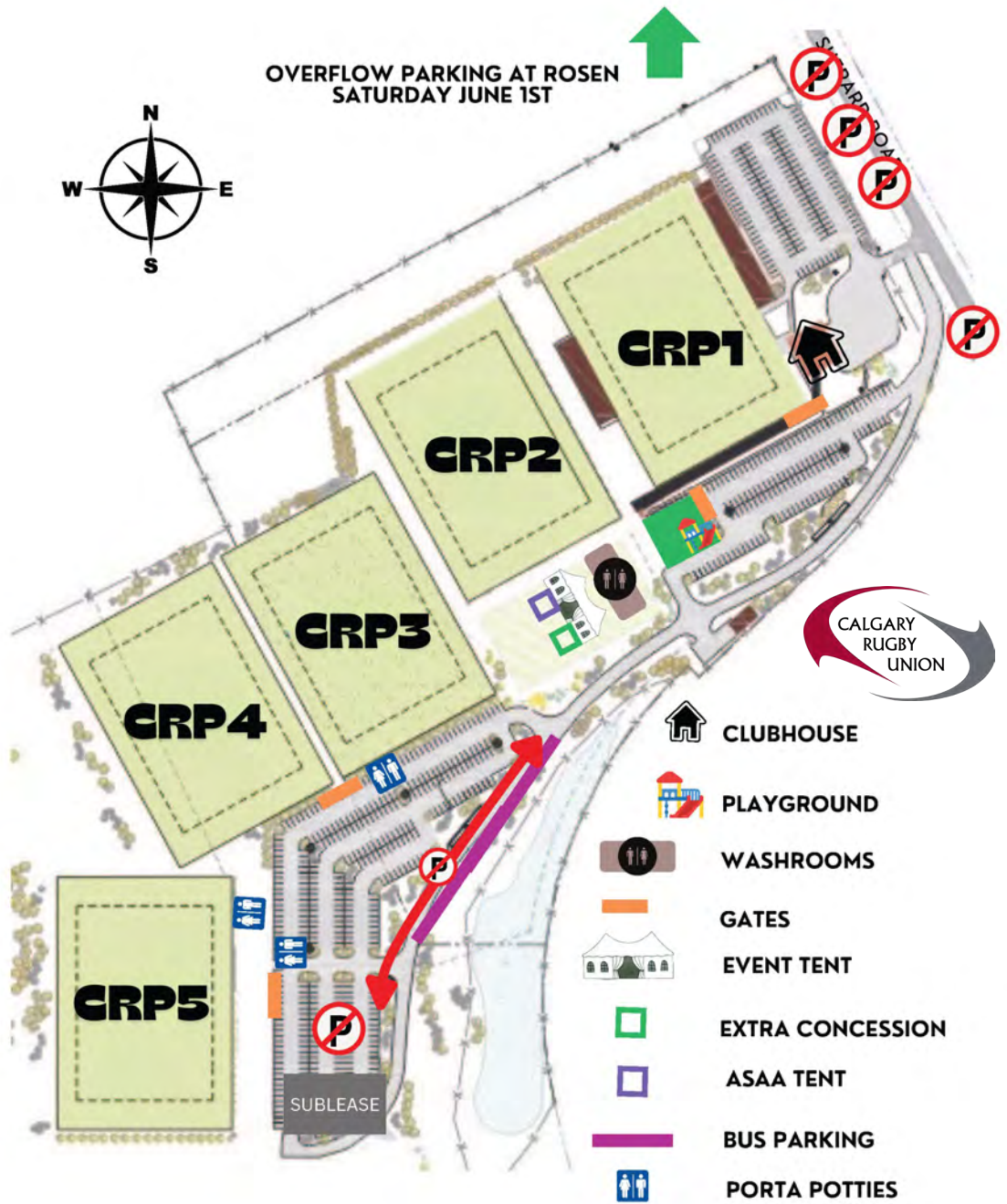
Rank teams based on performance				Rank teams based on performance							
TIER 1 BOYS		Crossover Semi - FINALS				TIER 2 BOYS		Crossover Semi - FINALS			
9:00	pitch 5	D2M1	4th Pool A	3rd Pool B	9:20	pitch 5	D2M5	4th Pool A	3rd Pool B		
10:20	pitch 5	D2M2	3rd Pool A	4th Pool B	10:40	pitch 5	D2M6	3rd Pool A	4th Pool B		
11:40	pitch 5	D2M3	1st Pool A	2nd Pool B	12:00	pitch 5	D2M7	1st Pool A	2nd Pool B		
12:20	pitch 5	D2M4	2nd Pool A	1st Pool B	12:40	pitch 5	D2M8	2nd Pool A	1st Pool B		
Rank teams based on performance				Rank teams based on performance							
TIER 1 GIRLS		Crossover Semi - FINALS				TIER 2 GIRLS		Crossover Semi - FINALS			
9:40	pitch 5	D2M9	4th Pool A	3rd Pool B	10:00	pitch 5	D2M13	4th Pool A	3rd Pool B		
11:00	pitch 5	D2M10	3rd Pool A	4th Pool B	11:20	pitch 5	D2M14	3rd Pool A	4th Pool B		
11:40	pitch 4	D2M11	1st Pool A	2nd Pool B	12:00	pitch 4	D2M15	1st Pool A	2nd Pool B		
12:20	pitch 4	D2M12	2nd Pool A	1st Pool B	12:40	pitch 4	D2M16	2nd Pool A	1st Pool B		

2024 Rugby 7's FINALS

TIER 1 BOYS				TIER 2 BOYS					
1:20	pitch 4	Shield	loser of D2M1	loser of D2M2	1:00	pitch 5	21 loser of D2M5	loser of D2M6	
2:00	pitch 4	Bowl	winner of D2M1	winner D2M2	1:40	pitch 5	22 winner of D2M5	winner of D2M6	
2:40	pitch 4	Plate	loser of D2M3	loser of D2M4	2:20	pitch 5	23 loser of D2M7	loser of D2M7	
3:20	pitch 4	Cup	winner of D2M3	winner of D2M4	3:00	pitch 5	24 winner of D2M7	winner of D2M8	
TIER 1 GIRLS				TIER 1 GIRLS					
1:00	pitch 4	25	loser of D2M9	loser of D2M10	1:20	pitch 5	pitch 5	loser of D2M13	loser of D2M14
1:40	pitch 4	26	winner of D2M9	winner of D2M10	2:00	pitch 5	pitch 5	winner of D2M13	winner of D2M14
2:20	pitch 4	27	loser of D2M11	loser of D2M12	2:40	pitch 5	pitch 5	loser of D2M15	loser of D2M16
3:00	pitch 4	28	winner of D2M11	winner of D2M12	3:20	pitch 5	pitch 5	winner of D2M15	winner of D2M16

FIELD INFORMATION

Games Site:
Calgary Rugby Park (CRP)
 9025 Shepard Rd SE, Calgary, AB T2C 4R6



OTHER INFORMATION

STEPS FOR REGISTRATION

Step 1: Complete the “Finalize your Roster for Provincials” section of your teams SRS roster.

[ASAA Qualified for Provincials INSTRUCTIONS](#)

[Link to SRS Website](#)

Step 2: Fill out the Provincial Championship [Registration Google Form](#). The deadline to register is **Tuesday May 29th, at 11:59 pm.**

PAYMENT INSTRUCTIONS

The Entry Fee for the tournament is **\$375.00/team + \$1.00 (\$1 per athlete for ASAA scholarship).**

Payments can be sent to [Attention: Amanda Siegle](#)

E-transfers are the preferred method: payfees@westmountcharter.com

*Please add the note “ASAA 7’s Rugby Championship Fees” to the transfer for ease of tracking.

If cheque is required, payable to:

Westmount Charter School

2215 Uxbridge Dr NW Calgary, AB T2N 4Y3

ATTN: Amanda Siegle

ADMISSION TO THE EVENT & VENUE

With the CRP also hosting their own games during our match times, **we will not be charging a GATE FEE.** Entry is **FREE** for all patrons to watch games on both days.

The ASAA Rugby Sevens Provincial Championship is a smoke-free event. Smoking or vaping is not allowed in the building or on the rugby park.

OTHER INFORMATION

LIVE STREAMING | HOW TO WATCH ASAA PROVINCIAL CHAMPIONSHIPS

The ASAA Network app is available for direct download on Amazon Fire TV, Android TV, Roku, and tvOS (Apple), or for mobile on Android and iOS (Apple). Simply type in "ASAA Network" in the search feature of your preferred app store and it will come up. If you are planning to watch on the web, you can go to <https://www.asaasportsnetwork.com/>

PACKAGES

Fans will have the opportunity to purchase packages and game passes for the ASAA Network (all prices in CAD and do not include any applicable taxes):
2023/24 Provincial Championships Full (School) Year All Access Pass: - \$99.95
a. \$9.95 all-access pass (both days)
b. \$4.95 day pass

All streams will be archived and available to watch within two hours of the stream ending. If a pass was purchased for the stream, the download is free; if no pass was purchased, the cost per download is \$5.

If there are technical issues, please visit support.hudl.com

GAME RESULTS

All results will be posted to the ASAA Rugby host website and the results centre. <https://www.asaa.ca/championships/site/2024-asaa-rugby-sevens-provincials>

OTHER INFORMATION

ASAA PROVINCIAL CHAMPIONSHIP MEAL TICKETS

There will be no official meal tickets, instead, there will be food and beverage sales available at the main tent at the Calgary Rugby Park and the CRP Clubhouse from 11:00 am to 2:00 pm. In addition to the clubhouse and onsite tent, patrons may find other food options in the adjacent neighborhoods within driving distance with many restaurants and shops available to the public. .

APPAREL

Elite Sportswear is the Official Apparel Supplier of the ASAA. A limited quantity of apparel will be for sale onsite. Please use the order form below to make a post-event order if you are unable to purchase apparel at the event. The cutoff date for apparel post-event orders is **June 4th for orders to be placed.**

Please note online orders will only be accepted **AFTER** the Championship Event

Please send all order forms to harvey@elitepromomarketing.com





ALBERTA SCHOOLS' ATHLETIC ASSOCIATION
PROVINCIAL RUGBY 7'S CHAMPIONSHIPS

RUSSELL HOODIE

\$60.00

GST INCLUDED

BLACK





ALBERTA SCHOOLS' ATHLETIC ASSOCIATION PROVINCIAL RUGBY 7'S CHAMPIONSHIPS POST EVENT ORDER FORM

NAME: _____ EMAIL: _____
PHONE: _____ ADDRESS: _____

DESCRIPTION	COLOUR	S	M	L	XL	2XL	TOTAL QTY	PRICE	TOTAL
RUSSELL HOODIE	BLACK							\$60	
								SHIPPING:	
								GRAND TOTAL:	

Price includes tournament logo and GST. CUTOFF DATE IS JUNE 4th FOR ORDERS TO BE PLACED

EMAIL ORDERS TO harvey@elitepromomarketing.com

Visa Mastercard

Credit Card Number: _____ Expiry Date: _____

Name on Credit Card: _____ CV Code: _____

Orders under \$200 will be subject to a \$20 shipping charge

To save on shipping, place a team or group order to be shipped together.

Group orders must be on 1 order form, addressed to 1 contact name & address etc.



GAMEPLAY & RULES

12. TOURNAMENT RULES

12.1 It is incumbent upon all coaches and participants to be aware of ASAA Rugby policy and World Rugby rule variations. Specifically for this event, player eligibility (pp. 27-32) and ASAA Rugby rule variations (p. 80) and policy (pp. 80-86) of the [ASAA 2023-24 Handbook](#).

12.2 Discipline and Misconduct: Breaches of the ASAA Code of Ethics are treated seriously, and as host, [we] are required to report any breaches to the ASAA office where action may occur. A portion of the ASAA Code of Ethics states “Any conduct including, but not limited to, ejections, fighting, drug, alcohol or cannabis use, that results in dishonor to the athlete, the team, the school or the ASAA during an ASAA provincial championship event will not be tolerated.” (pp. 21-25). Any unsportsmanlike or violent behavior (e.g. fighting) that results in an ejection of an athlete or coach from play in an ASAA provincial championship competition shall result in a suspension from the next scheduled match of the current season, where match is understood to mean game, match, round, bout, etc. as appropriate per sport.

12.3 Discipline/Appeal Committee: All ASAA provincial championship hosts will convene a discipline/appeal committee. The committee will have the authority to address issues of a serious nature that may occur before, during or after a provincial championship match, or to hear appeals of the automatic suspension resulting from an ejection. The committee may include, but not be limited to, the tournament chairperson, an official, and two coaches not in conflict with the issue.

12.4 Uniform Policy: Please refer to ASAA rugby policy Uniforms A.i and ii on page 86 of the [ASAA 2023-24 Handbook](#)

12.5 Competition Site Security and Coaching Zone: For each playing field there will be one side designated for teams and one for spectators. Spectators may not view the game from within the team areas, nor may coaches or players view the game from the designated spectator areas. If a coach wants to sit in the spectator area, he/she must do so for the entire match and must not enter the team area until the competition has concluded. Communication to coaches/players from outside the team area is prohibited (this includes headphones, two-way radios, etc.). This type of team management strategy is outside the spirit of the game. Designated trainers are permitted on or around the field as the needs of the players warrant. Teams/coaches will have a designated area during the game. Coaches are not to leave this area. Coaches are not allowed on the field except during half time. If the need arises the referee will call the coach onto the field. Water may be provided to the on-field players by designated water carriers. The number of carriers may not exceed three. These persons must not be dressed in uniform.

GAMEPLAY & RULES

Substitution players may run water as long as they wear pinnies to identify that they are not currently playing.

Allocated Coach, Player, and Spectator Zones Map (a larger map will be provided in the coaching packages)

12.6 Replacement of Players (substitution): There shall be 19 players on the tournament team roster (See next Page), and 14 players listed on the game sheet (5 players will remain on reserve for the duration of the game - only the 14 on the game sheet are eligible to play in that particular game) SECTION XVI – RUGBY. p. 80-81, Section XVI, Eligibility 3.B. Before each match a team must nominate 14 players on a game sheet that indicates name, unique jersey number or letter, and captain(s) as per World Rugby law 3 (Sevens Variation). Only players on the game sheet may play, with a maximum of 5 substitutions. U-19 Variation 3.14 - A player who has been substituted may replace an injured player. At each field of play there will be scorekeepers that will collect team rosters before the match. All substitutions must be initiated through the scorekeeper not through the referee. Substitutions can occur at any time during the game however there is a maximum of 5 substitutions per team per game.

**Please note: any player who requires a permanent replacement due to injury shall not return to the match. A player may be temporarily replaced due to a blood injury, but must be returned immediately after the bleeding is controlled or covered. This must occur within 10 minutes (for shortened game) from actual time of leaving the playing field or the replacement becomes permanent as an injury replacement.*

12.7 Games: All games will last 14 minutes – two 7 minute halves and a 5 minute half-time break. ALL WARM-UPS are to be held outside of the in goal areas, the other fields are not intended for warm ups as they are in use by regular scheduled games of the CRU. Please do not use these spaces.

Yellow Cards: Length of Yellow Cards: When a player is being cautioned and suspended for two minutes, the referee will show that player a yellow card. If that player later commits another yellow-card offense, the player must be sent off.

Point System:

The following point system will be used:

Win 4 Points

Loss 0 Points

Tie 2 Points

Bonus: 4 Tries or More 1 Point

Bonus: Loss by 7 or less 1 Point

Tie Breaks:

1. Head to Head

2. Win/Loss Ratio

3. Number of Tries

4. Coin Toss

ASSA RUGBY 7s MATCH ROSTER
PROVINCIAL CHAMPIONSHIP 2024



May 31st - June 1st 2024 - Calgary Rugby Union - 9025 Shepard Road SE Calgary AB



Team: _____

Opponent: _____ Pitch: 1 - 2 - 3 - 4 - 5

Time of match: _____

	Jersery #	Player Name (please print)	Captain/AC
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

As per ASAA rules, please adhere to the maximum active roster size of 14 players per match. You may have 19 players for the tournament but only 14 are eligible to play in each match and must be declared on this roster sheet. Players who are not eligible to play MUST not be dressed in kit and are not allowed on the bench during the match. Substitutions are being tracked by scorekeepers during play and this will help to prevent confusion.

Coach: _____
please print

Coach Signature: _____



ASSA RUGBY 7s MATCH REPORT - PROVINCIAL CHAMPIONSHIP 2024

Match No: _____

May 31 - June 01
circle one

Time: _____

Pitch: 1 - 2 - 3 - 5
circle one

Team A:

Half	T	C	PK	DK	PT	PLAYER #	SCORE

T = Try (5 pts) C = Conversion (2pts) PK = Penalty Kick (3 pts) DK = Drop Kick (3 pts) PT = Penalty Try (7 pts)

SUBSTITUTIONS OUT
Please indicate player number

SUBSTITUTIONS IN
Please indicate player number

YELLOW CARD

--	--

indicate player number

RED CARD

--	--

indicate player number

Team B:

Half	T	C	PK	DK	PT	PLAYER #	SCORE

T = Try (5 pts) C = Conversion (2pts) PK = Penalty Kick (3 pts) DK = Drop Kick (3 pts) PT = Penalty Try (7 pts)

SUBSTITUTIONS OUT
Please indicate player number

SUBSTITUTIONS IN
Please indicate player number

YELLOW CARD

--	--

indicate player number

RED CARD

--	--

indicate player number

MATCH OFFICIAL

Please print your name

Please sign your name

GAMEPLAY & RULES

12.8 Protests: Protests concerning results or conduct within an event must be made within 30 minutes of the results being posted or announced. The protest must be made to the Grievance Chairs: Angie Seaman and Brent Gough. The Discipline Committee comprises the Head Referee, a Grievance Chair, and the Technical Chair. The Discipline Committee will deliberate, a decision will be rendered, and then shared with the protesting individuals. Recognition of urgency will be made to decide the next scheduled match of any team involved with or included in the protest. Any response to the decision will be heard immediately, and the Discipline Committee may alter the decision. At this point the Committee's decision will stand (to move on with the competition and the tournament resolution) and any appeals must be filed with the ASAA Provincial Rugby Commissioner of the corresponding gender. Appeals will be documented and used constructively toward improved equity, sportsmanship, and general fairness if and where these things may be found lacking.

12.9 Sportsmanship: One sportsmanship banner and Perpetual Plaque will be given to both Girls and Boys teams/The team receiving this award will represent the true spirit of sportsmanship, integrity, ethics and fair play. Each team present at Provincials will be asked to select a team that best exemplifies the qualities of sportsmanship throughout the competition. Coaches will be sent a link to the Team Nomination Form. This will provide coaches with the ability to nominate a team based on their team's decision. The rationale in having the teams select the award winner is that they interact with one another throughout the two-day event and will have the best insight into which teams are truly sportsmanlike. Teams will vote for one team and the Host will tally the votes on Saturday before the end of the competition. The final decision is at the discretion of the ASAA rep and the Committee Chair. Sportsmanship keychains will be given to individuals who exhibit outstanding displays of integrity, fair play, and good sportsmanship. These awards may be given to players, coaches, parents, and spectators. These individuals should be recognized for bringing a positive presence to the championship and demonstrating consistent exemplary sportsmanlike behavior.

Example of the ASAA Team Sportsmanship Rubric on the next page.

GAMEPLAY & RULES

Example of the ASAA Team Sportsmanship Rubric (Click Image)

Name of Evaluator(s): _____		Role (circle one): Coach/Captain Team: _____						Official	Scorekeeper	Committee
ASAA Provincial Sportsmanship Team Evaluation (Basketball, Volleyball, Rugby, Handball)										
Team Name:	Team noticeably supported each other positively throughout the game	Each athlete played their role on the team with integrity and honor	The team controlled their emotions before, during and after gameplay	The team respected their opponent(s) before, during and after gameplay	Individual/team accepted winning or losing with grace	Team respected officials & politely questions if they do not agree or are unsure of the call.	Other supporting evidence for Sportsmanship nomination	Other evidence for refuting Sportsmanship nomination		
	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5				
<input type="checkbox"/> This is my team	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:				
<input type="checkbox"/> Not enough evidence to evaluate										
Team Name:	Team noticeably supported each other positively throughout the game	Each athlete played their role on the team with integrity and honor	The team controlled their emotions before, during and after gameplay	The team respected their opponent(s) before, during and after gameplay	Individual/team accepted winning or losing with grace	Team respected officials & politely questions if they do not agree or are unsure of the call.	Other supporting evidence for Sportsmanship nomination	Other evidence for refuting Sportsmanship nomination		
	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5				
<input type="checkbox"/> This is my team	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:				
<input type="checkbox"/> Not enough evidence to evaluate										
Team Name:	Team noticeably supported each other positively throughout the game	Each athlete played their role on the team with integrity and honor	The team controlled their emotions before, during and after gameplay	The team respected their opponent(s) before, during and after gameplay	Individual/team accepted winning or losing with grace	Team respected officials & politely questions if they do not agree or are unsure of the call.	Other supporting evidence for Sportsmanship nomination	Other evidence for refuting sportsmanship nomination		
	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5				
<input type="checkbox"/> This is my team	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:	Supporting Evidence:				
<input type="checkbox"/> Not enough evidence to evaluate										

12.10 Tournament Rugby Game Balls: The ASAA office is working on finalizing a contract with Rhino Rugby to be the official rugby ball of the ASAA as there is no sponsorship by Gilbert this year. While the deal with Rhino is being negotiated, Rhino has agreed to provide game balls to the Rugby Sevens and Rugby XV Provincial Championships. As such, the hosts will be supplying the Rhino Comet Match Ball, and not Gilbert, as the ball used at the 2024 Rugby Championships. However, the ASAA respects that, currently, Gilbert is the official ball in rugby policy and that schools have likely been using a Gilbert ball throughout this season. Therefore, teams may request to use a Gilbert ball at the Provincial Championships. If a team requests to use a Gilbert ball, that request will be granted (provided the teams supply new Gilbert Barbarian balls) regardless of if the other team prefers to use the Rhino.

GAMEPLAY & RULES

12.11 Athletic Therapy Services: Athletic therapy services will be provided on-site. The paid personnel will be there for emergency injury assessment and treatment (or treatment recommendations). Each field will have an athletic therapist on-site throughout the tournament to go on the field to assist in injury assessment and treatment. They are not expected to provide taping, massage therapy or any other responsibilities typically associated with team trainers. Teams must bring their tape and supplies. There will be a Medical Tent that team athletic therapists or trainers, players, and coaches can access.

12.12 Change Rooms and Washroom Facilities: There are washrooms available in the Clubhouse and building beside the main tent. **Change rooms are available in the building beside the main tent.** Please do not leave your belongings unattended. Please do not wear cleats through the main area of the clubhouse. Changing in the main area of the clubhouse or the washrooms is not permitted.

12.13 Lightning Rule: The guidelines noted on the Safety Guidelines for Secondary Interschool Athletics will be followed. If in doubt, follow the 30-30 rule: 30 seconds: Count the seconds between seeing lightning and hearing thunder. If this time is less than 30 seconds, lightning is still a potential threat. Seek shelter immediately. 30 minutes: After the last lightning flash, wait 30 minutes before leaving shelter. Half of all lightning deaths occur after a storm passes. Stay in a safe area until you are sure the threat has passed.

AWARDS

In accordance with ASAA tradition, Team Sportsmanship Awards will be presented by the ASAA to the recipient school shortly after the competition at an agreed upon date between the school and the ASAA.

Awards to be presented:

- 3rd Place Plaque 19 Bronze Medallions
- 2nd Place Plaque 19 Silver Medallions
- 1st Place Plaque Keeper Plaque 19 Gold Medallions
+ ASAA Championship T-shirts ASAA Provincial Banner

ASAA TEAM PHOTOGRAPHS

The ASAA requires team photographs for the yearbook. These will all be submitted on the [google registration form](#). We ask that players wear team jerseys with visible numbers for yearbook and reporting purposes. Team photos will be taken before each tier's awards are presented at FIELD 5.

GAMEPLAY & RULES

GRIEVANCE / DISCIPLINE / SPORTSMANSHIP COMMITTEE

There are two key functions of the Grievance/Discipline Committee at ASAA provincials. The first function is to deal with matters that occur during competition, typically discipline/conduct issues, and appeals that may arise from ejections. The second function is to handle any other matters that arise that require dispute resolution. These three members will form the committee with Angie McCullough (Grievance Chair), the Head Official (TBD as appointed by the RAMOA) and a coach from a team that has no interest in the outcome.

OFFICIALS and MINOR OFFICIALS

Tournament officials are supplied through the RUGBY ALBERTA MINOR OFFICIALS ASSOCIATION (RAMOA). The tournament assignor will be present at the coaches meeting to review any specific areas of attention for game conduct.

Minor Officials: each scorekeeping table will be managed by volunteer scorekeepers. If you have a concern with the score please address it through the Officials - the head referee has the official score. Do not direct comments to the minor officials (touch judges or the scorekeepers).

Please remember that ALL officials must be respected at all times.

SPORTSMANSHIP

Sportsmanship "Set the Bar" keychains will be given in recognition of any sportsmanlike conduct displayed by anyone in attendance at the provincial events. If you would like to nominate someone for a keychain please notify the facility manager or committee member. Team Sportsmanship will be evaluated throughout the tournament by coaches, officials and sportsmanship committee members. Winners of the Girls and Boys Team Sportsmanship Award will receive both a plaque and banner following the tournament and presented at their home school by a member of the ASAA. Here is a link to the form if you would like to nominate someone for a sportsmanship award:

- [Team Evaluation Provincial Sportsmanship \(Rugby Sevens\)](#)
- [Rugby Sevens ASAA Provincial Championship Individual Sportsmanship Recognition](#)

Have you seen someone "Setting the Bar"?

Scan the QR code below to nominate an official, athlete, coach/manager, or fan **from another school** for a **Provincial Sportsmanship Pin!**

Nominees should exhibit behaviours from more than one of the three categories below:

Creating a Positive Environment

- ~ Cheer in a way that set a positive climate for ALL
- ~ Encourage ALL athletes both on your team AND outside of your team

Respectful Behaviour

- ~ Individual respected the competition and their opponents
- ~ Treated officials with respect and integrity throughout ALL competition

Exhibiting Positive Self Control

- ~ Regulate emotions in stressful situations and consistently exhibited appropriate behavior
- ~ Individual executed their role with integrity

*You will be asked to provide evidence for each of the areas that you are selecting to indicate how the nominee "set the bar" for others, including what sets them apart.

SET
— THE —
BAR



GAMEPLAY & RULES

PARKING:

The Calgary Rugby Union offers parking in 4 different lots surrounding the play site. Patrons can park on these grounds between **8:00 am – 7:00 pm** **FREE OF CHARGE.**

Please note that the red arrow for a lane on the [event map \(pg.9\)](#) must be kept clear for their trucks as well as no parking directly in front of this space as it is used by other businesses in the area..

Team bus parking –Team buses are requested to find Parking in the furthest lot closest to FIELD 5. Please see the Purple line on the [event map \(pg.9\)](#) for bus parking only. There will be signs on the fence line

ALL Officials, coaches, athletic therapists and spectators will use **the general parking on a first come first serve basis.** No spots are reserved but often the spots against the fence facing the fields are ideal for any persons loading in gear and/or equipment.

OVERNIGHT ACCOMMODATIONS

Hotels will not be booked for teams competing in the 2024 ASAA Rugby Provincial Championship. There are numerous options for teams to book hotels independently; the hotels in and around the Calgary Rugby Union are ideal for booking as they have reasonable rates and are easily accessible to the playing fields.

Deerfoot Inn and Casino is on a first come first serve basis with a room rate of \$149.00 per night. this will include parking, hot breakfast, and wifi. For More Information on the accommodations, visit:

<https://www.asaa.ca/championships/site/2024-asaa-rugby-sevens-provincials/accomodations>



DEERFOOT
INN & CASINO

by: [Deerfoot Inn and Casino](#)

11500 35 St SE #1000
Calgary, AB T2Z 3W4
[\(403\) 236-7529](tel:(403)236-7529)



INNS
& SUITES

[Service Plus Inns](#)

3503 114 Ave SE
Calgary, AB T2Z 3X2
[\(403\) 256-5352](tel:(403)256-5352)

EMERGENCY ACTION PLAN

CALGARY RUGBY PARK EMERGENCY ACTION PLAN

IN THE EVENT OF A EMERGENCY

CALL: 911

REQUEST AN AMBULANCE
DESCRIBE NATURE OF INJURY
PROVIDE ADDRESS & FIELD NUMBER

LOCATION:

CALGARY RUGBY PARK
9025 SHEPARD ROAD SE

ARRANGE FOR SOMEONE TO MEET THE AMBULANCE
AT THE FRONT ENTRANCE SO THEY CAN GUIDE THE
AMBULANCE TO THE CORRECT FIELD



DO NOT MOVE THE VICTIM UNLESS ABSOLUTELY NECESSARY
REPORT 911 CALL TO : 403-612-0508

EMERGENCY ACTION PLAN

CALGARY RUGBY PARK EMERGENCY ACTION PLAN

Charge Person: Therapist at the field - Charlotte Van Audenrode

Call Person: Athletic Therapist or Team Coach

Control Person: Athletic Therapist or Team Coach

Additional Staff: Athletic therapy team

Emergency Number: Call 9-1-1 and notify Head Athletic Therapist

Location: Calgary Rugby Park

Field Access: Ambulance access from the main gate – SEE PREVIOUS PAGE

Field Address: 9025 Shepard Rd SE, Calgary, AB T2C 4R6

NEAREST EMERGENCY SERVICES AND HOSPITAL (See map/direction links)

Rockyview General Hospital ([DIRECTIONS](#))

7007 14 St SW, Calgary, AB T2V 1P9

(403) 943-3000

<https://www.albertahealthservices.ca/rgh/rgh.aspx>

South Health Campus ([DIRECTIONS](#))

4448 Front St SE, Calgary, AB T3M 1M4

(403) 956-1111

<https://www.albertahealthservices.ca/shc/shc.aspx>

Peter Lougheed Centre ([DIRECTIONS](#))

3500 26 Ave NE, Calgary, AB T1Y 6J4

(403) 943-4500

<https://www.albertahealthservices.ca/findhealth/facility.aspx?id=2>

ATHLETIC THERAPY ONSITE: CVA Sports Therapy will be providing Athletic Therapy services. If an urgent injury situation arises notify a staff member of CVA Sports Therapy. They will provide immediate onsite care for emergencies and acute injuries as a first priority. Taping and other services will also be provided if they are not assisting in other urgent care. Athletes are responsible for providing their own tape however there will be a limited amount of tape available for purchase.

Main Contact: Charlotte Van Audenrode - cvasportstherapy@gmail.com

SHRED CONCUSSION



That SHRED will be attending Provincials and filming to help support and inform their research. They will have an RV at the Calgary Rugby Park during the tournament and the purpose is to collect video as part of a research project with World Rugby on tackle characteristics in high school. The video will not be streamed or shared (with anyone other than the researchers) and there is zero cost.

Should you like to see more information about the program, please visit us at

<https://shredconcussions.ca/>

SHRED

Concussions



UNIVERSITY OF CALGARY
FACULTY OF KINESIOLOGY
Sport Injury Prevention Research Centre

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**ASAA PROVINCIAL
RUGBY 7's CHAMPIONSHIPS
MAY 31 – JUNE 1, 2024**